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Level 3

Health & Social Care



Y11 Summer Transition Work



An introduction to Health & Social Care

What will I study on this course?

The table below outlines the different units you will study in this course over the two years. You will complete **nine** core units, **one** controlled assessment and **seventy five** hours of work experience.

Year 1	HSC CM1	Equality, Diversity & Rights	Work placement 75 hours (your work experience in Y12 can count if in an appropriate HSC setting)
	HSC CM2	Human growth & Development	
	HSC CM3	Safeguarding	
	HSC CM4	Communication	
	HSC CM7	Sociological Perspectives	
	HSC CM8	Working in Health & Social Care	
Year 2	HSC CM5	Infection Prevention & Control	
	HSC CM6	Psychological Perspectives	
	HSC CM9	Reflective Practice	
	HSC1	Controlled Assessment	

During the summer term and holidays and in preparation for your studies in year 12, we would like you to complete some tasks that will help you with some of the units we will study. You are to bring this completed work to your first Health & Social Care lesson in September.

These tasks will form the basis of your first lessons, as you will be discussing your work; it will also get you researching along with working to a deadline.

Your tasks cover elements of units you will be studying on the course and you may present however you like. You must complete all tasks.

Task 1 - must be completed

You are to research your own life and write up a **profile** of your development from birth to date and if possible include photos of you over the 16 years.

- Describe your family and the influence they have had on your development
- What other factors have affected your development - pre-school, primary and secondary schools - why have these been important
- Identify key role models in your life so far and their importance in your development
- Explain any other events in your life that have been influential in your development - e.g. sports teams/Cubs/Brownies/music etc
- Describe where you see your life going in the next ten years and what will be the key factors in you achieving these goals

Health & Social Care Reading List - Use these to help you!

Resources/Research

Society of Occupational Therapist www.cot.co.uk

Royal college of midwifery www.ecm.org.uk

Society of Social Workers www.basw.co.uk

Youth worker www.nya.org.uk

Doctors www.gmc-uk.org

Monitoring www.patient.info/doctor/monitoring

Roles www.prospects.ac.uk/job-profiles www.healthcareers.nhs.uk

Wider Reading

British medical journal

Truell,R. (2014) What is social work? The Guardian, 7 July 2014.

[https://www.theguardian.com/social-care-](https://www.theguardian.com/social-care-network/2014/Jul/07/whatisocialwork)

[network/2014/Jul/07/whatisocialwork](https://www.theguardian.com/social-care-network/2014/Jul/07/whatisocialwork),accessed8January2015

SSAFA (2015) Health and Social Care work.www.ssafa.org.uk/how-we-help/health-and-social-work/assessed8January2015

Rush K.L, Kee C.C, Rice M. Nurses as imperfect role models for health promotion.

Western Journal of Nursing. Research 2005, 27:166-183

[www.hsj.co.uk/hsj-knowledge/commissions-and-inquiries/non-clinical-](http://www.hsj.co.uk/hsj-knowledge/commissions-and-inquiries/non-clinical-workforce/maximising-the-contribution-of-nhs-non-clinical-staff-the-forgotten-50000)

[workforce/maximising-the-contribution-of-nhs-non-clinical-staff-the-forgotten-50000](http://www.hsj.co.uk/hsj-knowledge/commissions-and-inquiries/non-clinical-workforce/maximising-the-contribution-of-nhs-non-clinical-staff-the-forgotten-50000)

Websites

www.carersuk.org/help-and-advice/practical-support/getting-care-and-support/care-standards-and-cqc

www.cache.org






<https://www.england.nhs.uk/news/>

<https://www.gov.uk/government/organisations/department-of-health-and-social-care>

<https://www.telegraph.co.uk/health/>

Wider reading




Top 5 to read:

-  <https://www.telegraph.co.uk/science/2019/03/21/childhood-trauma-scars-brain-boosts-depression->
-  [http://www.dana.org/uploadedFiles/BAW/Brain Brief Genetics Final.pdf](http://www.dana.org/uploadedFiles/BAW/Brain_Brief_Genetics_Final.pdf)
-  <https://www.bbc.co.uk/news/health>
-  <https://www.bbc.co.uk/news/health-41483322>
-  <https://www.bbc.co.uk/news/topics/c34mxg7ewg1t/public-health>

Top 5 to watch:

-  <https://www.youtube.com/watch?v=X1QQD7MvehY&list=PLC1klq1rLuqcNWBWEKkJBXmgEGzJvYzw4&index=5&t=0s&safe=true>
-  <https://topdocumentaryfilms.com/stephen-fry-the-secret-life-of-the-manic-depressive/>
-  https://www.ted.com/talks/sangu_delle_there_s_no_shame_in_taking_care_of_your_mental_health
-  <https://www.youtube.com/watch?v=YJLXQ8y4cYA>
-  https://www.youtube.com/watch?v=dG_JZSajmLM

Top 5 to follow:

-  <https://www.instagram.com/bbcnews/>
-  <https://www.instagram.com/nhswebsite/>
-  https://www.instagram.com/shsc_nhsft/
-  https://twitter.com/PHE_uk
-  <https://twitter.com/DHSCgovuk>

Finding a work placement over summer

You will need to complete 75 hours of work placement to achieve this qualification. This is a **compulsory** part of the course and you cannot pass without it.

You will need to get the most relevant work placement for this course, so we would like you to start thinking about this now.

Normally, over summer, we would ask you to start making contact with health and social care settings to secure your placement, however, in the current circumstances, this cannot be done. We would therefore like to ask you to just have a think and make a list of all the places you may want to contact once it is safe and you are able to do so.

We have attached the letter that you will eventually need to take into your placement, just for your information at this stage. You don't need to do anything with this just yet.

When you do eventually make contact with them, you will need to explain the following to them:

- You are completing a Level 3 course that requires 75 hours of placement experience in a health and social care setting
- You will be required to complete a placement booklet during your time there
- This is a compulsory part of your course and it will be taken seriously
- You will need the hours to be flexible around your free periods during your time at sixth form (you cannot miss any lessons to complete these hours BUT you can use your Year 12 work experience week in July 2021 to contribute to your overall hours)
- You will be able to confirm the hours when you start the course in September

Here are some ideas of health and social care settings:

- Dentists
- Doctors surgeries
- Medical centres
- Opticians
- Volunteer at the hospital
- Charities
- Pharmacies
- Residential care homes
- Special schools if working with children with specific needs

Your aim is to have your work placement secured as soon as possible after you start the course and to aim to complete the 75 hours in year 12





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Executive Headteacher: Mr R Pierpoint - BA (Hons) NPQH

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W: www.theacademycarlton.org.uk

Dear Employer

Re: L3 Technical Certificate in Health and Social Care – Student Work Placement

Thank you for agreeing to have our student complete their work placement with you. They are currently studying the Level 3 CACHE Technical Certificate in Health and Social Care at The Carlton Academy. As part of their course, they must complete seventy five hours of work placement in or within a Health and Social Care setting.

They will need to arrange the times and dates with you directly. They will use their free periods to complete their placement in your setting. Ideally, they should be with you one hour per week this year. Students will only pass the course if they have completed these placement hours.

The students each have two documents that they need to complete over the course of their placement with you. One document is a learner handbook which is where students will document what activities they complete, how they felt they went and what they have learned. It also allows students an opportunity to reflect upon their experiences. The other, is a guidance document that will need to be completed by me (as their tutor) and you (as their mentor). This should not in any way be an onerous task; it is just a record of what students have done and how you feel they have progressed over the year.

The students themselves should be able to answer any specific questions you have about the course and guidance booklet, however, if you would like to speak with me directly, please do not hesitate to contact me via email at r.rana@theacademycarlton.org

Yours faithfully

Miss R Rana
Head of Social Science

